

SENIOR CENTER CLASSES

Please see pages 3-4 for directions, for registration and for registration forms. Senior Center registration by Touch-Tone and Internet begin on **Thursday, December 14th**. Walk-in, mail-in, fax and non-resident registration begins on **Thursday, December 21th**. All classes begin the week of **January 8th** and run 10-weeks, through the week of **March 12th**, unless otherwise noted. All information is subject to change.

**Monday courses, held 1-time per week, at the Granite Reef Senior Center will be 8-weeks due to the Martin Luther King Jr. Holiday and Presidents Day. Courses held more than once per week will have make-up classes. Course prices at both Senior Centers have been modified to reflect the appropriate number of classes.*

Granite Reef Senior Center (GRSC)

1700 North Granite Reef Road • Scottsdale, AZ 85257

Phone (480) 312-1700 • Fax (480) 312-1701

Valley of the Sun Jewish Community Center (JCC)

12701 N. Scottsdale Road • Scottsdale, AZ 85254

Phone (480) 483 7121

Via Linda Senior Center (VLSC)

10440 East Via Linda, Scottsdale, AZ 85258

Phone (480) 312-5810 • Fax (480) 312-5815

EXERCISE & HEALTH

AEROBICS - Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning and stretching exercises are all included. Modifications and encouragement to work at your own level.

57410	GRSC	M,W,F	8-9a	\$70(R)/\$105(N)	Alfrid
57174	VLSC	M,W	7:45-8:45a	\$45(R)/\$68(N)	Robertson
57175	VLSC	Sa	7:45-8:45a	\$45(R)/\$68(N)	Alfrid

BALLET - This casual and fun beginning class will offer a great workout while learning ballet basics, technique, terminology and ballet combinations. All levels welcome!

58766	VLSC	F	10:30-11:20a	\$40 (R)/\$60(N)	Lawton
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BODY & MIND - Class combines aerobics with beginning yoga techniques. Whip your heart, body and mind into shape while having a great time. The aerobics portion of the class focuses on a cardiovascular workout. The 2nd half of class will consist of yoga, stretching and developing strength and flexibility.

57414	GRSC	M,W,F	9:30-10:30a	\$70(R)/\$105(N)	Alfrid
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BODY TONING - All levels welcome. Class emphasis is on strength, toning and flexibility. Hand weights and stretch bands are used.

57177	VLSC	T,Th	7:45-8:45a	\$49(R)/\$74(N)	Fleming
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CHAIR AEROBICS - Chair Aerobics class will perform exercises while sitting in a chair, or using the chair for balancing. Exercises are designed to improve flexibility, strength and balance without the impact and stress of traditional aerobic exercises.

58738	VLSC	M,Th	9-10a	\$45(R)/\$68(N)	Marlais/Madden
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CHAIR TAI CHI - Participants are guided through the gentle flowing motions of Tai Chi - upper body, arm and hand movement, with emphasis on gentle turning, bending and stretching. All exercises performed in a chair. Especially effective for those with arthritis and balance issues.

57418	GRSC	T,Th	9-10a	\$46(R)/\$69 (N)	Crouch
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PERSONAL FITNESS - Certified personal trainer/comedian, Alan Bockal keeps the class laughing. Class includes stretching, weights and keeping a health log.

57435	GRSC	M,F	10:30-11:30a	\$46(R)/\$69 (N)	Bockal
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PILATES & STRETCH - Practice a series of mat exercises that are developed to strengthen the core of the body (abdominals, low back, and hips), increase flexibility, and improve posture. Participation will help in developing mindful awareness of movement. All ages welcome. There are no drop-ins at GRSC for this class.

57437	GRSC	W	11a-12p	\$38(R)/\$58(N)	Alfrid
58697	VLSC	F	7:45— 8:45	\$26(R)/\$40(N)	Marlais

SENIOR STRENGTH TRAINING – NEW! - Resistance and strength training can enable senior citizens to regain muscle mass and strength at any age. You're never too old to build a little muscle and fight conditions like osteoporosis. Many of the degenerative diseases experienced in the aging process are related to loss of muscle mass and strength. Focus will be geared to those issues related to senior citizens. This class will utilize basic exercises on machines and with free weights.

59009	GRSC	M,W	4-5p	\$55(R)/\$83(N)	Bockal
59010	GRSC	T,Th	4-5p	\$55(R)/\$83(N)	Kopp

TAI CHI, BEGINNING - A slow, graceful, rhythmic exercise, which promotes good health and improves balance and concentration.

57449	GRSC	Th	9-10:30a	\$33(R)/\$49(N)	Isaacson
57303	VLSC	Tu	11:30a-12:30p	\$26(R)/\$39(N)	Williams
57302	VLSC	W	9-10a	\$26(R)/\$39(N)	Navarro
57304	VLSC	W	11a-12p	\$26(R)/\$39(N)	Isaacson

TAI CHI, INTERMEDIATE - Continuation of beginning Tai Chi, for more advanced students.

57305	VLSC	F	9-10:30a	\$35(R)/\$53(N)	Isaacson
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YOGA, BEGINNING - Strengthen, tone and align your body, release tension, restore vitality and improve posture.

57453	GRSC	M	11:30a-1p	\$31(R)/\$47(N)	Zumbrunnen
57454	GRSC	M	5:30-7p	\$31(R)/\$47(N)	Andrade
57314	VLSC	M	10:30a-12p	\$40(R)/\$60(N)	Hayden
57312	VLSC	Th	10:30a-12p	\$44(R)/\$66(N)	Hayden
57313	VLSC	Th	5:30-7:00p	\$44(R)/\$66(N)	Smith

YOGA, GENTLE - A slower paced class that combines gentle stretching and movement with a focus on the breath. Increase flexibility and body awareness, reduce stress and promote relaxation. Beginners welcome. Course held 2-days per week. No drop-ins available.

57455	GRSC	Tu&Th	9-10:30a	\$70(R)/\$105(N)	Kayatt
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YOGA, INTERMEDIATE - For advanced students or those who have taken beginning Yoga.

57315	VLSC	M	9-10:30a	\$40(R)/\$60(N)	Hayden
57316	VLSC	Th	9-10:30a	\$44(R)/\$66(N)	Hayden

YOGA, INTERMEDIATE FLOW - A challenging class which links the breath and the postures to create a flow-style practice. An emphasis is placed on developing strength, stamina and flexibility while maintaining alignment in the body. Prior yoga experience required. No drop-ins available.

57456	GRSC	W	5:30-7p	\$38(R)/\$58(N)	Kayatt
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YOGALATES – NEW! - Integrate movements from both Hatha Yoga and Pilates to promote and improve mind and body wellness. Improve flexibility, muscle tone, concentration and relaxation. All levels are welcome and accommodations are made for anyone wanting to participate.

58586	GRSC	F	12-1p	\$50(R)/\$75(N)	Frame
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ART COURSES

**Art courses held at JCC are 8-weeks in length.*

ACRYLIC/OIL PAINTING - New and continuing students will learn techniques using acrylic or oil paints. Learn to develop a portrait, landscape, floral, abstract or non-representational forms.

57406	GRSC	Tu	9a-12p	\$70(R)/\$105(N)	Wrobel
57407	GRSC	Tu	1-4p	\$70(R)/\$105(N)	Wrobel
57408	GRSC	Th	9a-12p	\$70(R)/\$105(N)	Wrobel
57169	VLSC	F	1-4p	\$79(R)/\$118(N)	Gulino

COLOR - This course will teach you successful color mixing and theory. Learn how to see color and use color to achieve depth, balance, harmony and unity in your work.

58761	VLSC	M	1-4p	\$71(R)/\$110(N)	Gulino
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DRAWING I - Focus of the basic fundamentals of drawing. Emphasis is on composition, proportion, perspective and rendering techniques in pencil and charcoal media. Students learn to see as an artist sees a unique visual capability.

57190	VLSC	Tu	1-4p	\$79(R)/\$118(N)	Consalvo
57191	VLSC	M	5:30-8:30p	\$71(R)/\$110(N)	Consalvo
59855	JCC	M	12-3p	\$74(R)/\$101(N)	Consalvo

DRAWING II - Charcoal, colored pencils, pastels, and every drawing medium is accepted. Create and explore your personal expression with weekly exercises and inspiring assignments. Recommended to painters and Drawing I students.

57193	VLSC	Th	5:30-8:30p	\$79(R)/\$118(N)	Consalvo
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FLORAL DESIGN - Students will be cutting, gluing, pushing and pulling as well as whatever else it may take to create different and exciting types of silk floral arrangements, wreaths, wall planters and topiary.

59298	JCC	Th	12-3p	\$74(R)/\$101(N)	Taylor
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JEWELRY WORKSHOP – LEVEL I AND II - Create beautiful, one-of-a-kind jewelry by learning how to utilize the tools of the trade, along with beads and sterling silver wire. “Unleash your creative spirit”. **Level II is a continuation of Level I. Additional fees for tools and materials.**

LEVEL I

57275	VLSC	T	3:15p-6:15p	\$79(R)/\$118(N)	Gulino
57276	JCC	T	9-12p	\$74(R)/\$101(N)	Gulino

LEVEL II

57277	VLSC	Th	3:15p-6:15p	\$79(R)/\$118(N)	Gulino
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LIFE DRAWING WITH MODELS - Recommended for students with a minimum of Drawing I experience. This course is designed to give the student a fundamental understanding of the principals of figure drawing. **Additional student fee of \$45 due at 1st class for model fee.**

57278	VLSC	W	9a-12p	\$79(R)/\$118(N)	Lundquist
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MATting & FRAMING - This matting class will teach the various techniques needed to select the best mat and frame style. Cutting for mats in bevel and straight cuts and assemble them into a pre-made frame. Matting works in watercolors, drawing, pastels, pictures and other graphic mediums learned in this class.

57282	VLSC	Sa	9:30a-12:30p	\$79(R)/\$118(N)	Taylor
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OIL PAINTING, BEGINNING - For students with little or no experience. Focus on developing basic skills, explore color, style and various techniques.

57283	VLSC	Tu	9a-12p	\$79(R)/\$118(N)	Leonelli
57284	JCC	W	9a-12p	\$74(R)/\$101(N)	Taylor
58735	VLSC	Tu	5:30-8:30p	\$79(R)/\$118(N)	Taylor
59275	VLSC	S	9a-12p	\$79(R)/\$118(N)	Murphy
59274	VLSC	M	9a-12p	\$71(R)/\$110(N)	Murphy

PAINT WORKSHOP - Work in all mediums. For both beginning and more advanced students.

57285	VLSC	M	1-4p	\$71(R)/\$110(N)	Leonelli
57286	VLSC	Th	9a-12p	\$79(R)/\$118(N)	Shapiro

PASTEL WORKSHOP - New and continuing students will focus on techniques using pastels. Learn to develop a portrait, landscape, floral, abstract or nonrepresentational.

57287	VLSC	Th	1-4p	\$79(R)/\$118(N)	Schneider
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WATERCOLOR - Emphasis on basic techniques of color mixing, washes, glazing and more. Good drawing techniques are reviewed. **All levels welcome.**

57450	GRSC	M	1-4p	\$56(R)/\$84(N)	Hoeck
57308	VLSC	W	1:30-4:30p	\$79(R)/\$118(N)	Lundquist
57309	VLSC	F	9a-12p	\$79(R)/\$118(N)	Lundquist
57307	VLSC	W	5:30p-8:30p	\$79(R)/\$118(N)	Taylor
57310	VLSC	S	1-4pm	\$79(R)/\$118(N)	Taylor
58864	JCC	TH	5:30-8:30pm	\$74(R)/\$101(N)	Taylor

FOREIGN LANGUAGE

FRENCH, INTERMEDIATE - Develop French speaking and listening skills from a native instructor. Class will focus on conversation and vocabulary, with the use of Journal francais d' Amerique. Structured for those who have previously taken the Senior Center's Beginning French course or for more advanced level students.

57423	GRSC	Tu	1-3p	\$63(R)/\$94(N)	Grube
57424	GRSC	Th	10-12p	\$63(R)/\$94(N)	Grube

FRENCH, LEVEL III - Conversation and reading practices with easy pronunciation exercises. Sentence structure in the present tense. Introduction to the reflexive verbs and command forms. **Additional fee for textbook.**

58765	VLSC	Tu	9:30-12p	\$63(R)/\$95(N)	Gabor
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FRENCH, LEVEL IV - Emphasis on the past tense. Review of the present and future tenses. Conversation for intermediate level students. Vocabulary and expressions useful for travelers. **Additional fee for textbook.**

58764	VLSC	M	6-8:30p	\$57(R)/\$86(N)	Gabor
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ITALIAN, BEGINNING - Focus on basic sentence structure, pronunciation and vocabulary necessary to develop speaking and listening ability.

57431	GRSC	Tu	11a-12:30p	\$55(R)/\$82(N)	Roberti
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ITALIAN, INTERMEDIATE - For students who have previously taken Dr. Pace's or Mary Roberti's Beginning Italian course.

57432	GRSC	Tu	1-2:30p	\$55(R)/\$82(N)	Pace
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SPANISH I - Course is designed for absolute beginners. Taught in a lively and participative style, we will be on becoming comfortable with speaking Spanish while managing simple tasks such as introductions, shopping and communicating in restaurants and hotels, with a goal of becoming competent in the present tense. **Additional fee of \$12 for textbook due at first class.**

57445	GRSC	W	12:30-2pm	\$55(R)/\$82(N)	Brashears
57446	GRSC	Th	5:30-7p	\$55(R)/\$82(N)	Brashears

SPANISH, BEGINNING I - Introductory level designed for those who have never studied Spanish before or for those who need a refresher at the entry level. Emphasis is placed on learning basic vocabulary and conversation as well as present tense conjugation. "Spanish is Fun, Book 1." **Book fee of \$18 due to instructor at first class.**

59284	VLSC	Th	8-10a	\$63(R)/\$95(N)	Henry
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SPANISH II - For those who have completed Spanish I or have studied the present tense. Emphasis will be on the preterite and object pronouns. We will speak in the past tense in situations based on traveling and obtaining services. **Additional fee of \$12 for textbook due at first class.**

57447	GRSC	Th	7:30-9p	\$55(R)/\$82(N)	Brashears
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SPANISH, BEGINNING II - Designed for those who have completed the equivalent of Beginning Level One. This is a continuation of the introductory level with emphasis on important irregular verbs and vocabulary of weather, food, and clothes. Also introduction to the past tense. Text: "Spanish is Fun, Book I." **Book fee of \$18 due to instructor at first class.**

57300	VLSC	Th	10:15a-12:15p	\$63(R)/\$95(N)	Henry
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SPANISH III "LA CHARLA LATINA" - This conversation group is aimed at intermediate and above level students who are looking for an opportunity to practice their Spanish and using it to discuss Latin American issues. Each week a given theme will be introduced, discussed and appropriate vocabulary provided. Emphasis will focus on Latin America and quick overviews of grammar will be provided as needed.

57448	GRSC	W	2:30-4p	\$55(R)/\$82(N)	Brashears
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PERSONAL DEVELOPMENT

ACCENTUATE THE POSITIVE - Eliminate the negative - latch on to the affirmative. Do you feel that you would like to, but so much in your life is changing that all you seem to thank about are the negatives? Would you like to have more peace in your heart in the midst of the chaos in the world? In this discussion group we will explore these questions and others that may be of interest to the group. Course is 7-weeks.

59280	GRSC	Tu	9-10:30a	\$23(R)/\$35(N)	Robins
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BALLROOM & SOCIAL DANCE - Designed for every level of dancer, from beginning level to "star" status, students learn to tango, waltz, salsa and meringue. If you have never danced before or are looking to refresh your dance skills, then this is the class for you! A great way to stay in shape. All levels are welcome. No partner needed.

57411	GRSC	M	4-5p	\$40(R)/\$60(N)	De Marchand
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BALLROOM & SOCIAL DANCE, INTERMEDIATE - Designed for intermediate level students and those who have previously taken the Senior Center's Ballroom & Social Dance Class. **No partner needed.**

59296	GRSC	M	2:30-3:30p	\$40(R)/\$60(N)	De Marchand
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BRIDGE, BEGINNING - Learn the fundamentals of bridge. Course includes instruction and hands on play.

57416	GRSC	M	9-11a	\$31(R)/\$47(N)	Thompson
57181	VLSC	W	6:30-8:30p	\$30(R)/\$45(N)	Davis

BRIDGE, INTERMEDIATE - Review the basics and then get into conventions and play of hand. Must have completed beginners level or equivalent.

57182	VLSC	M	6:30-8:30p	\$28(R)/\$42(N)	Davis
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BRIDGE, ADVANCED - Answers to questions about all phases. Extend the bidding and play of the hand to become an accomplished competitor.

57180	VLSC	Tu	1:30-3:30p	\$30(R)/\$45(N)	Davis
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BRIDGE, DUPLICATE - Bridge for fun and mental health! The 20% you need to know for 80% of the hands you'll play. Instruction will be based on the Standard American System and will be taught by an American Contract Bridge League accredited instructor. Course is designed for students who have at least an acquaintance with the basics of Bridge and have the desire to learn to communicate in a partnership, play competitively and win. **Additional \$8 due for book at first class.**

57415	GRSC	Th	1-3p	\$40(R)/\$60(N)	Pruss
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BROADWAY SHOW & JAZZ DANCE - It's showtime! Exercise, learn jazz techniques and dance combinations to Broadway Show Tunes. This musical theatre dance class will teach dances and staged choreography for those wanting to become "Broadway babies". All levels welcome.

57417	GRSC	Tu	11a-12p	\$40(R)/\$60(N)	Lawton
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CREATIVE WRITING/SCREEN WRITING - From exploration of creative ideas to critique of finished writing, we address all genres-poetry to longer fiction and discuss what we read as a background.

57419	GRSC	F	9a-12p	\$61(R)/\$91(N)	Chorlton
57183	VLSC	Tu	12:30-3:30p	\$52(R)/\$78(N)	Robertson

INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE - (1-day workshop, Friday, Feb 16th) You don't need years of weekly lessons to learn the piano. In just a few short hours, you can learn enough secrets of the trade to give you years of musical enjoyment. While regular piano teachers teach note reading, piano professionals use chords. You can learn all the chords you'll need to play any song in this one session! There is a \$25 materials fee, collected by the instructor at the beginning of class, that includes a workbook and a 60 minute practice CD or cassette.

57425	GRSC	F	2:30-5:30p	\$22(R)/\$33(N)	Coffman
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LINE DANCING, BEGINNING - For those with no experience in line dancing.

57279	VLSC	Tu	9-10a	\$35(R)/\$53(N)	Schwarz
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LINE DANCE, INTERMEDIATE - Line dance to country music and music from the 50s, 60s and musicals. Have fun while you dance. No partner needed. Some dance experience helpful.

57299	VLSC	W	10-11a	\$35(R)/\$53(N)	Schwarz
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MAH JONGG, BEGINNING - The fundamentals and terminology are taught during practice games.

57281	VLSC	Tu	1-3p	\$63(R)/\$95(N)	Moore
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MAH JONGG, INTERMEDIATE - For those who understand fundamentals, but want to improve.

57280	VLSC	Tu	3-5p	\$63(R)/\$95(N)	Moore
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POCKET BILLIARDS, BEGINNER/INTERMEDIATE - Learn or refresh the fundamentals of pool with proper stance, bridging, grip, stroke and aiming. Study & practice, stun, follow, draw, cut, curve, collision and masse, jump, carom, billiard, etc. Finish the course with a student tournament.

59285	VLSC	W	8-10am	\$42(R)/\$63(N)	Holzauer
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POETRY - Study poetry and its forms from all periods of history. Discussion of student pieces each week.

57439	GRSC	Tu	9a-12p	\$68(R)/\$102(N)	Mounsey
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PRACTICING POETRY - Come and share your love of words and imagery with like-minded souls. Learn to read poetry without feeling hopelessly inadequate. Write your own poems with joyful abandon. This will be a fun, hands-on workshop with plenty of discussion. Think of it as a poetry party!

58759	VLSC	F	10a-12p	\$57(R)/\$86(N)	McGrath
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POLYNESIAN (HULA) DANCING - Learn the steps and the movement of the hands and hips. Hula, Tahitian and Maori steps will be included. This terrific class is a great way to have fun and exercise at the same time. All levels welcome.

57440	GRSC	Tu	12:30-1:30p	\$40(R)/\$60(N)	Lawton
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58770	VLSC	F	11:30-12:20p	\$40(R)/\$60(N)	Lawton
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SENIOR TAP - Improve your memory and get fit, while having fun. Learn the techniques, terminology and basic dance steps of tap.

57442	GRSC	Th	4-5p	\$38(R)/\$58(N)	Campi
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SENIOR TAP, INTERMEDIATE - Course is designed for intermediate level students or for those who have completed the beginning level Senior Tap course.

57443	GRSC	Th	5-6p	\$38(R)/\$58(N)	Campi
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SEWING & ALTERATIONS - All skill levels welcome. Learn how to sew or improve your sewing skills in a small class setting with individual attention for you and your project. Bring projects you need help with.

57444	GRSC	W	6:30-8:30p	\$49(R)/\$74(N)	Walters
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COMPUTER COURSES @ GRSC

COMPUTERS, BEGINNING COMPUTERS - Designed for students with no experience using a computer. Basic definitions and computer functions are discussed. Develop skills using the keyboard and mouse. Computers operate with Windows XP.

57413	GRSC	Tu	1-2:30p	\$70(R)/\$105(N)	Holman
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57412	GRSC	Th	8:30-10a	\$70(R)/\$105(N)	Holman
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59281	GRSC	Th	3-4:30p	\$70(R)/\$105(N)	Futo
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COMPUTERS, WORD PROCESSING - Introduction to word processing concepts and techniques. Learn to create, save, open, edit, format and print. **3-session course will held on 3/1, 3/8 & 3/15.**

57452	GRSC	Th	10:30a-12p	\$23(R)/\$35(N)	Holman
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COMPUTERS, INTERNET - Navigate the Internet, use e-mail, download files and make purchases. Course is intended for students who use personal computers at least twice a week.

57427	GRSC	Th	1-2:30p	\$70(R)/\$105(N)	Futo
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COMPUTERS, EBAY - 5-week course will take you through all the ins and outs of using eBay, but will focus on selling merchandise. Learn how to create an account and sell your own merchandise. The Senior Center's Internet course is a prerequisite. A good understanding of the Internet and Internet related concepts can be substituted for the prerequisite course. **5-week course will begin Tuesday, 1/9 and run through Tuesday, 2/6.**

57420	GRSC	Tu	3-4:30p	\$35(R)/\$53(N)	Holman
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COMPUTERS, EXCEL - Learn the basics of entering and formatting data, formulas, functions, graphs using the pull down menu system. Instruction will discuss types of spreadsheets requested by students. Participants should have a basic familiarity with the Windows operation system.

57422	GRSC	W	3-4:30p	\$7(R)/\$7(N)	Kurtz
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COMPUTERS, PICASA - Have you been waiting to organize the pictures on your computer and show them to friends and family? In this class, you will learn how to download Picasa™, a FREE program from Google, to manage, edit and share the pictures on your computer. Picasa will also allow you to create CDs and special picture arrangements. Furthermore, learn how to use other FREE programs, Hello™ and Blogger, to instantly share your pictures and post them on your own blog-your personal website.

2-SESSION COURSE HELD ON 2/15 AND 2/22

57436	GRSC	Th	10:30a-12p	\$23 (R)/\$35(N)	Holman
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2-SESSION COURSE HELD ON 1/11 AND 1/18

59297	GRSC	Th	10:30a-12p	\$23 (R)/\$35(N)	Holman
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COMPUTERS, ADOBE PHOTOSHOP ELEMENTS - Course will focus on Photoshop Elements - an overview of the program, the menu items, storage techniques and sizing your images for email and printing. Basic familiarity with a computer is required.

57409	GRSC	Tu	9:30-11a	\$70 (R)/\$105 (N)	Holman
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COMPUTER COURSES @ VLSC

SENIORNET COMPUTER COURSES

**** Membership to SeniorNet is required to take computer classes. Register to become a member today.**

SENIORNET MEMBERSHIP

57297	VLSC	1-year membership	\$40 per person
57298	VLSC	2-year membership	\$60 per person

COMPUTER, INTRODUCTION - Part I - Never touched a computer before or haven't used one in years? Not familiar with a mouse or modem? Learn how to identify the main parts of a computer system, plus how to use the mouse and keyboard. 4-session class (8 hours.)

57268	VLSC	T	\$30	1p-3p	Jan 9—Jan. 30
57269	VLSC	M	\$30	9a-11a	Jan 22— Feb 12
57270	VLSC	M	\$30	1p-3p	Jan 22— Feb 12

COMPUTER, INTRODUCTION - Part II - Basic computer concepts are covered with the use of Microsoft Suite 2003, including word processing, spreadsheets, database, introduction to Windows operating system and the Internet. (Computers Part I or mouse and keyboard familiarity required.)

57271	VLSC	T	\$30	1p-3p	Feb 6— Feb 27
57272	VLSC	M	\$30	9a— 11a	Feb 26— Mar 19
57273	VLSC	M	\$30	1p-3p	Feb 26— Mar 19

COMPUTERS, FUN WITH THE INTERNET - Learn more advanced uses of the Internet. Work with email attachments, downloading, and a variety of searching techniques. You will learn how to use the Internet to make free, or almost free, phone calls to anyone almost anywhere in the world." This is a 4 session (8 hours total) class

57264	VLSC	W	\$30	1p-3p	Jan 10— Jan 31
57265	VLSC	Th	\$30	1p-3p	Mar 8— Mar 29

COMPUTERS, PHOTOSHOP ELEMENTS , PART I - This advanced class uses the Adobe Photoshop Elements software to learn photo retouching and image manipulation. Adjust the color, brightness, contrast, move objects within a photo, and so much more. This is a 4 session (8 hours total) class. * (formally Digital Imaging Part I)

57188	VLSC	W	\$30	9a-11a	Jan 10— Jan 31
57189	VLSC	T	\$30	9a-11a	Feb 6— Feb 27

COMPUTERS, PHOTOSHOP ELEMENTS, PART II - This class is for all those students that wanted to learn even more about the wonderful things that you can do with photos using the Adobe Photoshop Elements software. Photoshop Elements Part I required before this class. This is a 4 session (8 hours total) class. * (formally Digital Imaging Part II)

57184	VLSC	W	\$30	9a-11a	Feb 7— Feb 28
57185	VLSC	T	\$30	9a-11a	Mar 6— Mar 27

COMPUTERS, PHOTOSHOP ELEMENTS, PART III - In this advanced class you will learn how to use photos to create flyers, posters, scrapbook layouts, mini albums, note cards, watercolor paintings. As you design your projects you will be learning new techniques using filters, styles, and effects. Photoshop Elements, Part I and Part II are required before this class.

58869	VLSC	W	\$30	9a-11a	Mar 7— Mar 28
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COMPUTERS, FILE MANAGEMENT, SECURITY AND MAINTENANCE - In this advanced class you will learn to organize you files. You will create, move and delete files and folders. You will also learn how to keep your computer secure and well maintained. This is a 4 session (8 hours total) class

57255	VLSC	Th	\$30	9a-11a	Feb 8— Mar 1
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COMPUTERS, PHOTOSHOP ELEMENTS ORGANIZER - This advanced class is an introduction to Adobe Photoshop Elements software. Learn to use the this part to organize all those digital photos. Move all your photos here from many different sources and tag them into categories. Create slide shows, albums, email and greeting cards. The Organizer part of Photoshop Elements is available for Windows users only, no Macs. This is a 4 session (8 hours total) class.

57288	VLSC	T	\$30	9a-11a	Jan 9— Jan 30
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COMPUTERS, PRINT ARTIST WORKSHOP - In this advanced class you will learn to make your own unique greeting cards, scrapbook pages and more using Print Artist software. Personalize pre-made designs or get creative with your very own creations. This is a 4 session (8 hours total) class

58870	VLSC	Th	\$30	9a-11a	Mar 8— Mar 29
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COMPUTERS, WORD PROCESSING - Uses Microsoft Word 2002 for text entry, editing, page layout, paragraph and character format, adding graphics, etc. This is a 8 session (16 hours total) class.

57311	VLSC	W	\$30	1p-3p	Feb 7— Mar 28
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COMPUTERS, QUICKEN - financial management, checks and registers, financial calendar, credit card accounts, investment accounts, loans, budgets and reports. This is a 8 session (16 hours total) class.

57290	VLSC	Th	\$30	1p-3p	Jan 11— Mar 1
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